

A Balint retreat: "The Terrible Power of a Minor Guilt "

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Suggested dilemmas for discussion:

1. The dilemma of multiple trauma sharing in the group vs. holding the space of Balint "frame".
2. The dilemma of competing traumas: big trauma vs. small ,daily issues .
3. The facilitators' imposter syndrome and helplessness the "guilt of just talking..."
4. Over identification vs. emotional numbing.
5. Ethical issues: Morality based on guilt or morality based on sympathy and identification.

More....

